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ABSTRACT

This brief resource list of books and articles on early adolescent physical, social, and intellectual development mentions materials relating to psychology, religion, employment, and parent participation. (BJD)

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GENERAL READING ON EARLY ADOLESCENCE

Adelson, Joseph, ed. Handbook of Adolescent Psychology. New York: John Wiley & Sons, 1980.

This book of readings reviews recent research on adolescent physical, social, and intellectual development.

Adelson, Joseph. "Rites of Passage: How Children Learn the Principles of Community." American Educator, 6, no.3 (1982), 6+.

Adelson reports on the findings of his two studies on the changes in social thinking during the adolescent years, particularly during early adolescence. He identifies five topics of social thinking that change during this period: "the conception of community and of law, the growth of principles, and the grasp of human psychology and social reality."

Children Today, 8, nos. 5&6 (Sept./Oct. and Nov./Dec. 1979) Special Issues: "Focus on Youth"

These two special issues feature articles on adolescent development, health care, adolescent motherhood, youth participation, and employment.

Conger, John Janeway. Adolescence and Youth: Psychological Development in a Changing World. 2nd ed. New York: Harper & Row, 1977.

Conger discusses the effects of social institutions on adolescent development.

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Elkind, David. "Understanding the Young Adolescent." Adolescence, 13 (1978), 127-133.

Elkind reviews Piaget's theory of intellectual maturity and relates it to affective and cognitive development in young adolescents.

Farel, Anita M. Early Adolescence and Religion: A Status Study. Chapel Hill, N.C.: Center for Early Adolescence, 1982.

The author reviews the existing research on adolescent religious development and attitudes, outlines the characteristics of responsive religious activities, and describes a variety of church and synagogue youth programs.

Farel, Anita M. Early Adolescence: What Parents Need to Know. Chapel Hill, N.C.: Center for Early Adolescence, 1982.

This booklet explains the needs of young adolescents, with emphasis on ways for parents to deal effectively with the age group. It will serve as a source of information for professionals, particularly clergy, to distribute to parents.

Gesell, Arnold, Frances L. Ilg, and Louise B. Ames. Youth: The Years from Ten to Sixteen. New York: Harper & Row, 1956.

The authors discuss their studies of normal adolescent behavior in the home, school, and community. This was one of the first books to disclaim the "storm and stress" theories of adolescence and instead discuss adolescent development as a normal part of the life cycle.

Girls Clubs of America, Inc. Today's Girls: Tomorrow's Women, A National Seminar. Rev. ed. New York: Girls Clubs of America, Inc., 1980.

This book discusses some of the issues and problems related to the adolescent girl in a time of changing roles for women. Also included is a resource list/bibliography on adolescent girls.

Hill, John P. "Some Perspectives on Adolescence in American Society." Paper prepared for the Office of Child Development, U.S. Department of HEW, Washington, D.C., 1975, 104 pp. May be ordered from the Center for Early Adolescence.

Hill addresses practitioners', parents', and scientists' misconceptions about adolescence such as the tendency to view this time as discontinuous from the remainder of the life cycle and to view adolescents as a homogeneous group. Program and research recommendations are given by the author.

Hill, John P. Understanding Early Adolescence: A Framework. Chapel Hill, N.C.: Center for Early Adolescence, 1980.

Hill tells the concerned professional, parent, or policymaker what is known about the primary and secondary changes of early adolescence that lead to healthy growth and maturation.

Hooper, Judith O. Living With Your Teenager. Madison, Wisc.: University of Wisconsin-Extension (1535 Observatory Drive, Madison, Wisc. 53706), 1979.

This series of inexpensive pamphlets presents useful, easy-to-read information on adolescent development for parents. Titles included are "The Changing Parent-Child Relationship," "Understanding Physical Changes," and "Understanding Emotional Change."

Kagan, Jerome, et al. Twelve to Sixteen; Early Adolescence. New York: Norton, 1972. (Also published in Daedalus 100, No. 4, 1971).

This special issue of Daedalus gives a good historical view of adolescence and specifically early adolescence. Other topics include physical, social, and psychological development in early adolescence.

Konopka, Gisela. "Coping with Stresses and Strains in Adolescence." Children & Youth Services Review, 1 (1979), 261-277.

Konopka describes some specific stresses and strains with which young people need to cope and then discusses some of the empirical research that has been conducted on the ways in which adolescents cope.

Konopka, Gisela. "Requirements for Healthy Development of Adolescent Youth." Adolescence, 8 (1973), 291-316. (Also available from the Center for Early Adolescence.)

Eight conditions essential to the healthy development of youth are identified.

Konopka, Gisela. Young Girls: A Portrait of Adolescence. Englewood Cliffs, N.J.: Prentice-Hall, 1976.

This book is a result of research conducted by Konopka and her colleagues, who interviewed almost a thousand young women ages 12 to 18. The author describes young women's views on many different aspects of adolescence such as sexuality, life goals, schools, youth organizations, and friends.

Lefstein, Leah M., William Kerewsky, Carol Frank, and Elliott A. Medrich. 3 to 6 P.M.: Young Adolescents at Home and in the Community. Chapel Hill, N.C.: Center for Early Adolescence, 1982.

The authors look at the developmental needs of young adolescents and how they can best be served in the out-of-school hours. Also, some examples of model after-school programs are presented.

Lipsitz, Joan. Growing Up Forgotten: A Review of Research and Programs Concerning Early Adolescence. Lexington, Mass.: D.C. Heath, 1977.

This book is a review of research findings on early adolescent development and a programmatic overview of services for young adolescents.

Lipsitz, Joan. Barriers: A New Look at the Needs of Young Adolescents. New York: Ford Foundation, 1979.

As a summary statement of the proceedings of six regional conferences on early adolescence, this book makes recommendations to improve and better integrate public and private services for young adolescents and their families.

Offer, Daniel, Eric Ostrov, and Kenneth I. Howard. The Adolescent: A Psychological Self-Portrait. New York: Basic Books, 1981.

This book refutes the myth of widespread teenage sadness and turmoil. Among other findings, the authors claim that 85 percent of the adolescents they interviewed in their research reported being happy most of the time.

Steinberg, Lawrence D. Understanding Families with Young Adolescents. Chapel Hill, N.C.:Center for Early Adolescence, 1980.

Steinberg describes the developmental changes that occur in early adolescence and mid-life and discusses ways in which these changes transform family relationships. He explores the difference between healthy family disequilibrium and potentially harmful dysfunction.

Sugar, Max, ed. Female Adolescent Development. New York: Brunner/Mazel, 1979.

This is a compilation of readings on various aspects of female adolescent development including biological, social, and psychological development.

Tanner, J. M. Fetus into Man: Physical Growth from Conception to Maturity. Cambridge, MA: Harvard University Press, 1978.

Beginning with cells and growth before birth, Tanner provides a comprehensive picture of physical growth to puberty along with a discussion of psychological and sociological problems of early and late maturers. Tanner's growth charts are included.

Tanner, James M. Growth at Adolescence. 2nd ed. Oxford, U.K.: Blackwell Scientific Publications, 1962.

Tanner describes the physical changes that occur with the adolescent growth spurt. Development of the reproductive system, measures of physical maturity, and the rate of growth are some topics discussed.

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Schine, Joan , Barbara Shoup, and Diane Harrington. New Roles for Early Adolescents in Schools and Communities. New York: National Commission on Resources for Youth, 1981.

This booklet advocates expanding opportunities for young adolescents to participate actively in society. Included in this booklet is a background paper on youth participation and the young adolescent, case studies of different types of youth participation programs, and guidelines for implementing a program.

Schowalter, John E., and Walter R. Anyan. The Family Handbook of Adolescence. New York: Alfred A. Knopf, 1979.

Written by a child psychiatrist and a pediatrician, this book discusses psychological development, sexual behavior, and physical problems of adolescents. This is close to being the "Dr. Spock" for parents of adolescents.

Schwartz, Meg, ed. TV & Teens: Experts Look at the Issues. Reading, Mass.: Addison-Wesley, 1982.

This book of essays deals with television's potential to influence the attitudes and actions of today's adolescents and describes ways in which television has succeeded in meeting their needs, as well as ways in which it has failed them. The essays offer advice and information for parents, communications professionals, and teenagers.

Simmons, Roberta G., et al. "Entry into Early Adolescence: The Impact of School Structure, Puberty, and Early Dating on Self-Esteem." American Sociological Review, 44 (1979), 948-967.

The authors discuss their study of young adolescents moving from sixth to seventh grade in two different grade level patterns (K-8 or K-6,7-9). Their data indicate that coping with a role transition can be significantly affected by school environment, biological development, and social behavior.

Sommer, Barbara Baker. Puberty and Adolescence. New York: Oxford University Press, 1978.

This book includes information on how puberty affects early adolescent growth, including identity, sex-role, and cognitive development.